

PHILIPPINE OLYMPIC COMMITTEE

Board of Directors 2013-2016



NAME	ANTONIO DE LARA TAMAYO JR.
DESIGNATION	2ND VICE PRESIDENT
ENTRY YEAR IN NOC BOARD	2009
NATIONAL SPORTS ASSOCIATION	PHILIPPINE SOFT TENNIS ASSOCIATION
POSITION IN NSA	PRESIDENT
EDUCATION	
CAREER	President, Philippine Soft Tennis Association 2004-Present; NOC Executive Board Member, 2009-2012; President, South East Asian Soft Tennis Federation, 2007;
SPORTS PRACTISED	Taekwondo, Soft Tennis
SPORTS ADMINISTRATION	Chef De Mission, 27th SEA Games, Myanmar 2013; Deputy Chef De Mission, SEA Games-2009, Laos; Taekwondo coach in Philippine Military Academy, 1983-1992;
MEMBER OF OTHER ASSOCIATIONS	Chairman, NOC Sports For all Commission;
AWARDS AND DISTINCTIONS	Silver Medallist, Asian Taekwondo Championship, 1982 Singapore;
BIRTHDATE	October 12, 1953
EMAIL ADDRESS	jai_nitai@yahoo.com
CONTACT NUMBERS	+632.632.1254